



2023 Workshops

Welcome to the world of
Expressing Feelings with Color

Art4Healing method was developed by Art & Creativity for Healing Inc. founder, Laurie Zagon.
These workshops are facilitated by DEBORAH DARRIN, Certified Art4Healing® Instructor

Workshops in person in Napa Valley 2023. Most will be held on the

1st Sunday (usually) of each month April through December
2:00pm-4:00pm

~~April 2: Speaking with Colors~~

~~May 7: Blessings in Color~~

June 4: Building Character

July 2: Connecting

August 13: Identity in Color

Sept. 3: Open Vessel Painting

Oct. 15: Painting Hope

Nov 5: Painting my Story

December 3: Glorious Colors

An Art4Healing® workshop invites you to get in touch with inner feelings that sometimes even words cannot express. I will lead you through a series of prompts as you respond by painting abstractly with acrylic colors on canvas. The method helps you express feelings by associating a color with a feeling. Each participant takes home 3 completed paintings at the end of the workshop.

No art experience is required to create in this process!

Each workshop has a different life experience theme for exploration.

Sessions are limited to 6 persons per workshop.

\$50 per person per workshop

For more information and to register for any particular workshop.

Email me at debbetweentheworlds@gmail.com